

# The DO Distinction

**D**octors of Osteopathic Medicine, or DOs, believe there's more to good health than the absence of pain or disease. As guardians of wellness, DOs focus on prevention by gaining a deeper understanding of your lifestyle and environment, rather than just treating your symptoms.

*It makes a difference when your physician is trained to truly listen. To pay more attention to you than your chart. To look beyond the symptoms and take the time to get to know you as a whole person.*

Listening to you and partnering in your care are at the heart of our holistic, empathic approach to medicine. We are trained to promote the body's natural tendency toward health and self-healing. We practice according to the latest science and use the latest technology. But we also consider options to complement pharmaceuticals and surgery.

There are more than 148,000 DOs in the U.S., practicing their distinct



## Find a DO near you

Doctors of Osteopathic Medicine practice their distinct philosophy in every medical specialty, in all 50 states.

City and state or zip

GO »

philosophy in every medical specialty. We have additional training in Osteopathic Manipulative Treatment (<http://doctorsthatdo.osteopathic.org/difference/osteopathic-manipulative-treatment>) and use this tool to help diagnose, treat and prevent illness and injury.

We are Doctors of Osteopathic Medicine and the way we practice health care is different. We don't see patients. We see people.



A M E R I C A N  
O S T E O P A T H I C  
A S S O C I A T I O N

(<https://findado.osteopathic.org/american-osteopathic-association>)

### AOA Headquarters

142 E. Ontario St.  
Chicago, IL 60611-2864

Phone: (312) 202-8000

[The DO Distinction ›](#)

[FAQs ›](#)

[Becoming a DO ›](#)

[Careers at the AOA ›](#)


[Terms of Use ›](#)

[Privacy Policy ›](#)


## Keep in Touch

Share your email address to learn more about the DO difference.

Find a DO | Doctors of Osteopathic Medicine © 2024

 (<https://twitter.com/aoafordos>)

**in** (<https://www.linkedin.com/company/american-osteopathic-association>)

 (<https://www.youtube.com/user/americanosteopathic>)

**g+** (<https://plus.google.com/102884100516003561678/about>)

**f** (<https://www.facebook.com/DoctorsThatDO/>)

https://  
interest.com/  
health/